

Project		ABL Street Performance Dance Sessions (Street Dance)	
Lead delivery partner		The Enthusiasm Trust	
Theme	Dance Workshops	Priority	1 – Strengthening The Community
Activity	3. Street Performances	Budget code	232
<p>Project outcomes (from SLA):</p> <p>People will get on with each other and take pride in the Big Local area and get involved in making it better.</p> <p>People take pride in themselves and the area because they are happy.</p> <p>The sessions will challenge respect, discipline, healthy lifestyle, difficult behaviour, confidence and self-esteem.</p> <p>This activity meets the aims of Priority 1 – Strengthening the Community, but also offers benefits under Priority 2 – Improving Life Skills (Youth) which is reported separately.</p> <p>Working in partnership with Trinity Warriors, The Enthusiasm Trust will deliver:</p> <ul style="list-style-type: none"> • Weekly dance sessions for 50 weeks • Activities involving up to 20 children who will learn new skills • An improvement in the confidence and self-esteem – as measured by discussions with participants 			
Reporting period dates	Oct – Dec 18	Nr and age of people benefiting from the project during the reporting period	<p>Individuals engaged</p> <p>18</p> <p>Aged between 8 and 19 years</p> <p>Overall engagements</p> <p>69</p>
<p>Introduction</p> <p><i>Tell us basic information about the project and its outcomes and aims for reporting period.</i></p> <p>During this reporting period Enthusiasm has continued working with a local dance company, Trinity Warriors, to provide street dance workshops for socially disadvantaged</p>			

young people in Derby. Each session has positively engaged up to 20 local young people who would not otherwise be in a position to afford classes, giving them a positive outlet for creative expression, increasing their fitness and teaching them new skills.

This project has provided a positive, fun, constructive community-based regular free activity for disadvantaged local young people, helping to address the problem of a lack of affordable clubs and activities for young people in the local area and encouraging local young people to be active. The young people attending each week have benefitted from increased confidence and self-esteem and improved life skills and behaviour.

2018 Qtr 3 Oct – Dec 2018

Total number of individuals engaged	Total number of engagements	Total number of sessions delivered	Total number of young people in the ABL area
18	69	8	11

Outcomes the project has contributed to

Tell us what difference you have made in relation to the SLA outcomes and more widely in the area.

People will get on better with each other and take pride in the Big Local area and get involved with making it better.

People take pride in themselves and the area because they are happy.

The ABL Street Performance programme provides another dimension to our work with vulnerable young people in Allenton, adding real value to the existing youth work that we currently do by offering a fantastic opportunity for us to use the creative arts as a tool to help raise young people’s aspirations, build their confidence and improve their motivation. We have seen the wider benefits that this can achieve, including improved communication skills; increased self-esteem, mental health and emotional wellbeing; greater knowledge of and access to arts and culture; and exposure to new opportunities and activities.

As a direct result of being involved in this programme, young people have been able to develop their confidence and communication skills. The project has increased their opportunities, widened their experience and developed their outlook on life, helping to challenge their current perceptions and raise their own aspirations.

Through the project, the young people have also had the opportunity to showcase their performances at local events, representing and benefitting the whole community of Allenton, leading to an increased sense of community pride and improving local people’s perceptions of young people in the area.

Activities undertaken during reporting period

Tell us what you have done and how well things have gone. Include any issues carried over from previous report, activities carried out and any base line monitoring. Please attach photographs, quotes, good news stories etc

During the last quarter, we have continued to provide free, open-access street dance classes for young people in Allenton. These sessions continued throughout the summer holidays.

Our youth mentors have continued to support the young people, helping to keep them engaged with the project despite any external challenges that they may be facing. These can include chaotic family circumstances, problems with school or behaviour, difficulty with motivation. Our youth mentors work hard to offer the young people additional support to overcome any issues or problems and to stay focused on the programme.

Trinity Warriors Dance Performance

Our young people were given the exciting opportunity to perform the opening dance at the annual Trinity Warriors Performance. The young people worked extremely hard to brush up on their moves in order to deliver an outstanding performance to the audience.

Some of the young people showed signs of being nervous but worked hard to overcome this.

Trip's

As a reward for the hard work and commitment, that the young people have put in we arranged some incentive trips for them.

Twin Lakes – Halloween

Our young people participated in a day trip out to Twin Lakes, Xtreme Scream. This was a Halloween themed event, there was theme park rides, animals to feed and an indoor play area, some of our young people would not normally get the opportunity to experience events like this. All the young people participated well and thoroughly enjoyed the day out.



Volunteers Evening

Every 7 weeks we run a volunteers evening, this is to celebrate the hard work that our volunteers and young volunteers have done for Enthusiasm.

The evening involved the team brain storming and planning how they thought the next 7-week activity plan should look. Once the planning was over, we all had food together followed by a couple of games of Laser Quest as a team building activity. Everyone participated well and enjoyed themselves.



Shining Cliff Residential

We were given an opportunity to take some of our young people on a 2 day outdoor residential to Shining Cliff. We took 7 girls in total 3 of which were ABL girls, the others were from Nottingham. This was a good way to get the girls to interact with other girls from different areas. It also gave the young people the opportunity to experience outdoor activities such as abseiling, open fire making and camping, activities some of these girls would not normally experience. All the girls got involved in the activities available to them and made friends with each other.



Trip to Winter Wonderland

Before Christmas, the young people enjoyed a trip to Winter Wonderland in Derby, where they had the opportunity to try out ice skating as well as experience live music, interactive workshops and other activities.



Timescales

Is project on track? If not what are you planning to do to address the issues?

The project is on track to achieve all its outcomes.

Plans for next reporting period

What are you going to do next? Are there any activities we should know about?

The young people will continue to attend the weekly sessions and improve their dance skills as well as increase their confidence and motivation, increase their fitness and awareness of healthy lifestyles and build positive social relationships.

Activities that we have planned for the next quarter include:

- Potential Residential during half term
- Volunteers evening
- Weekly dance sessions