

<b>Project</b>		<b>Nacro Osmaston Family Project</b>	
<b>Lead delivery partner</b>		<b>Nacro</b>	
<b>Theme</b>	<b>Improving life skills</b>	<b>Priority</b>	<b>2</b>
<b>Activity</b>	<b>Families and children 0-10</b>	<b>Budget code</b>	
<b>Project outcomes (from SLA)</b>			
<u>Qualitative</u>			
<ol style="list-style-type: none"> <li>1. Children have the best start in life by being supported and enabled to develop their individual personality, talents and aspire to a successful life.</li> <li>2. Young people fulfil their aspirations and dreams through being provided relevant opportunities.</li> <li>3. Families are better equipped with skills to support their children through being empowered and supported.</li> </ol>			
<u>Quantitative</u>			
One - one support in the home to be offered to 70 parents we will provide support and encouragement to increase self-esteem and confidence and to signpost to further learning and opportunities			
<b>Reporting period dates</b>	<b>January – March 2018</b>	<b>Nr and age of people benefiting from the project during the reporting period</b>	<b>New Parents 11</b> <b>Parents from previous quarter 5</b>  <b>children 0-10 = 26</b>  <b>children 10 + = 7</b>
<b>Introduction</b>			
The service provides support to parents who live within the defined BLT area.			
Parents are also identified and referred through links with local agencies including other agencies working in the area, local schools, Health Teams, Social Care and individuals who may self refer.			

The aim is to support and enhance family's relationships, to encourage families to spend time together taking part in activities that will have a long term benefit for the area.

The service will support families both within the home and through telephone contact to start to embed the behaviour management techniques outlined in the Handling Children's Behaviour Parenting Programme

#### **Activities undertaken during reporting period**

Support has taken place in the family home on a weekly basis with telephone contact or text messages of support offered in-between.

Referrals for support this quarter have come from safeguarding officers, under 11's MAT's, School, Children's Centres, Social care and 2 self referrals. Referrals give details of the issues within the family as well as risk assessment completed by the referral agency.

Each parent has an experienced family support worker who makes the initial visit with the referring agency to be introduced to the family. On the second visit a support plan is drawn up with the parents and set outcomes are agreed.

We use a solution-focused approach to support parents, it is a strengths-based approach, emphasizing the resources that people possess and how these can be applied to a positive change process. SFA focuses on strengths and 'life without the problem' rather than a detailed analysis of problem dimensions.

The setting of specific, concrete, and realistic goals is an important component of SFA. Goals are formulated and amplified through conversations about what parents want to be different in the future.

Support to parents in this quarter have included:

- One to one support directly with parents and children in their own homes
- 3 case conferences for children subject to safeguarding plan.
- 8 children in need reviews
- Attending Team around the family meetings
- Completion of an Early Help Assessments
- Attending professionals meetings
- Support with school transport
- Support with child moving school after being out of school for 2 months.

Parents receive weekly visit usually for up to 3 months occasionally in complex cases support is offered for a longer period of time particularly if support is part of a safeguarding plan after a child protection conference.

One of the biggest issues for parents is that they often struggle to both be consistent and parent the child in the same way. Children then get vey mixed messages, they get confused which leads to bad behaviour.

In one of the sessions we start out with a poem.

## **BAFFLED**

### **A CHILD'S CONFUSION**

If Dad says 'Yes' – Mum says 'No'.  
Straight answers from them I never know.  
What are the rules today?

Mum insists, 'Don't dare to lie – of course your hamster didn't die.  
Dad often shouts, 'Don't hit your brother'  
Yet Friday nights he beats up Mother...  
What are the rules today?

If Mum and Dad could agree,  
On rules for disciplining me,  
I'd know the rules each day.

My life would then be more clear.  
Could bad behaviour disappear?  
No more showing off at school,  
Acting big to just look cool...  
I'd know the rules each day.  
No more need for lighting fires,  
No more mimicking of liars.

Stealing and sniffing glue could stop,  
Goodbye to behaviour that's over the top!

So Mum and Dad please,  
Parent me in a firm, consistent way,  
Then I can feel secure – and clear which rules apply each day!

### Outcomes the project has contributed to

#### Comments from Families

- I have learnt so much about myself as a parent, it has helped me see things in a more positive way, and the support has been really good.
- I understand so much more now and have kept to the rules I have put in place.
- Sometimes I cancelled the visits as I found it hard to listen to stuff I did not want to hear but needed to hear, so I could change what I was doing. In the end I learnt so much Thank you so much it has been brill.
- Having someone to give advice and be honest with me was really good just what I needed.
- I know so many other mums who could do with this support its great.

#### Comments from agencies

- There were lots of agencies involved with this family, but none that were specialist around parenting. Thank you great service with positive outcomes for the whole family. Social Worker.
- This is a very good service I have made a few referrals now and know that the families have really benefitted. Family Visitor.
- The Mum I referred has really benefitted from this service, Her child is now back in fulltime education instead of just 3 days. EWO

#### **Timescales**

Project on track and outcomes met

#### **Plans for next reporting period**

To continue to offer one to one support to families. To continue to routinely ask for feedback from the referring agency that can be included in the report. To include examples of the sessions we deliver.