

Project		Nacro Osmaston Family Project	
Lead delivery partner		Nacro	
Theme	Improving life skills	Priority	2
Activity	Families and children 0-7 years	Budget code	
Project outcomes (from SLA)			
<u>Qualitative</u>			
<ol style="list-style-type: none"> 1. Children have the best start in life by being supported and enabled to develop their individual personality, talents and aspire to a successful life. 2. Young people fulfil their aspirations and dreams through being provided relevant opportunities. 3. Families are better equipped with skills to support their children through being empowered and supported. 			
<u>Quantitative</u>			
20 children to be offered one-one support in the home and to access community activities.			
One - one support in the home to be offered to 30 families.			
Reporting period dates	April – June 2015	Number and age of people benefiting from the project during the reporting period	11 families with 15 children 0-7 years 3 children 10 +
Introduction			
<p>The service provides a voluntary ‘low-level’ support to parents who ask for help in the defined BLT area (but who do not fit the criteria for support from statutory services).</p> <p>Parents are identified through links with local agencies including the Nacro Osmaston Family Project, other agencies working in the area, local schools, Health Teams and individuals who may self-refer.</p> <p>The aim is to support and enhance family’s relationships, to encourage family games and</p>			

activities that have a long term benefit for the area such as picnics to the local park and family games to increase interaction and a sense of fun, as well as encouraging a healthier lifestyle.

The service will support families both within the home and through telephone contact to start to embed the behaviour management techniques outlined in the Handling Children's Behaviour Parenting Programme

The service works with young children aged 0-7 years to improve their self-esteem and confidence and encourage them to access local activities e.g. sports clubs, visit the library, after school clubs and leisure activities.

Initially there were 2 activities in this priority work with families and work with children it was agreed by the board that these two activities would become one, as the work with families and children is interlinked.

Activities undertaken during reporting period

- One to one support directly with parents and children in their own homes
- Additional support to a family new to the area (support to link into other services)
- One family that has been supported had additional needs that escalated to needing more support that was out of the remit for the support we offer through ABL. Due to some safeguarding issues the family were referred to social care .
- Two families supported where there had been DV incidents

Comments from parents about the support received

- “The support I have is great I get some very good advice on parenting and things to try out.”
- “The supported has helped me a lot.”
- “I really trust my worker even though we had to talk about some difficult things. It has really helped.”

Outcomes the project has contributed to

The work we have done directly with children has increased their self-esteem and confidence it has supported them to talk to their families and communicate in a more positive way together, leading to less friction and arguments in the home.

The families we have supported have said that the support has helped them to increase their self-esteem and confidence.

We have been able to signpost parents, for example into the local children’s centre.

Timescales

Project on track and outcomes met.

Plans for next reporting period

To continue to support parents on a one-one basis.

We now have a some toys and books and we want to support parents to now set up a loan library.

Building on the advice given to parents about healthy eating they have asked for a short course to further support this as there are currently no such courses available in the area.

To put a proposal to ABL to set up two healthy-eating-on-a-budget courses to support parents to buy food on a budget and prepare it, whilst learning about healthy eating and cooking options.