

Project		Nacro Osmaston Family Project	
Lead delivery partner		Nacro	
Theme	Improving life skills	Priority	2
Activity	Families and children 0-7	Budget code	
<p>Project outcomes (from SLA)</p> <p><u>Qualitative</u></p> <ol style="list-style-type: none"> 1. Children have the best start in life by being supported and enabled to develop their individual personality, talents and aspire to a successful life. 2. Young people fulfil their aspirations and dreams through being provided relevant opportunities. 3. Families are better equipped with skills to support their children through being empowered and supported. <p><u>Quantitative</u></p> <p>one - one support in the home to be offered to 30 families we will provide support and encouragement to increase self-esteem and confidence and to signpost to further learning and opportunities</p>			
Reporting period dates	October – December 2015	Nr and age of people benefiting from the project during the reporting period	12 Families 30 children 0-7 3 children 10 +
<p>Introduction</p> <p>The service provides a voluntary 'low-level' support to parents who ask for help in the defined BLT area (but who do not fit the criteria for support from statutory services).</p> <p>Parents are identified through links with local agencies including the Nacro Osmaston Family Project other agencies working in the area, local schools, Health Teams and individuals who may self refer.</p> <p>The aim is to support and enhance family's relationships, to encourage family games and</p>			

activities that have a long term benefit for the area such as picnics to the local park and family games to increase interaction and a sense of fun, as well as encouraging a healthier lifestyle.

The service will support families both within the home and through telephone contact to start to embed the behaviour management techniques outlined in the Handling Children's Behaviour Parenting Programme

Initially there were 2 activities in this priority work with families and work with children it was agreed by the board that these two activities would become one as the work with families and children is interlinked.

Activities undertaken during reporting period

- One to one support directly with parents and children in their own homes
- Support to a parent to attend Doctors with her child
- Attending Team around the family meetings
- Support to parent to complete a Disability Living Allowance form
- Support to parent who has experienced recent Domestic violence

Outcomes the project has contributed to

This quarter has been very successful we have seen an increase in the number of referrals, we have also seen a number of referrals with families with complex needs that have needed increased support e.g twice weekly visits. We are currently working at full capacity.

Support has been offered on a one-one basis in the family home. Also, one family came to the project for support as this fitted in with dad's working pattern.

We have supported one family whose children were 'children in need'. We worked alongside the social worker to support this family. The family are now closed to social care and the children are no longer 'children in need'

Comments from parents

"The support has been just what I needed. My worker came in weekly and was great. She gave me the confidence to be a better parent."

“This is great service which should be available to more people, not just in Allenton. Some of my friends would have really benefited from the support but live out the area.”

“I think we are getting on much better as a family now. We spend time doing things together and have fun. Thank you.”

“I really got on with my worker. She was great and really helped me.”

Timescales

Project on track and outcomes met.

Plans for next reporting period

To continue to offer one-to-one support to families.

Currently working at full capacity with the allocated staff hours for this project. We are unable to take any more referrals at the moment and are looking into how we can increase staff hours to support more families in the ABL area.