

Project		ABL Life Skills	
Lead delivery partner		Enthusiasm Trust	
Theme	Life Skills	Priority	
Activity	various	Budget code	
Project outcomes (from SLA)			
Reporting period dates	January – March 2016	Nr and age of people benefiting from the project during the reporting period	
<p>Introduction</p> <p><i>Tell us basic information about the project and its outcomes and aims for reporting period.</i></p> <p>To provide positive activities and support for local young people aged 8-12 years & 13-18 years.</p> <p>The aim of this project is to encourage young people to become positively involved in their local community. We will increase opportunities for young people to take part in activities that would not normally be offered to them due to financial cost, motivation, enthusiasm and family support.</p> <p>We also want to see young people</p> <ul style="list-style-type: none"> • Fulfil their aspirations and dreams through being provided relevant opportunities • Increase in confidence and self-esteem. • Engage and get involved locally • Have better opportunities • Reduction in social exclusion 			
<p>Activities undertaken during reporting period</p> <p><i>Tell us what you have done and how well things have gone. Include any issues carried over from previous report, activities carried out and any base line monitoring. Please attach photographs, quotes, good news stories etc</i></p> <p>During the reporting period the youth team have completed numerous workshops with the young people they are mentoring, as well as during youth club sessions. St Martins youth club has had an 11 week program that ran from Jan – March. It was provided by Derby University Students which has enabled young people to engage with other local young people whilst learning team work skills, positive expression of emotions, and improving their fine motor skills. Young people engaged in the activities each week.</p> <p>During February half term Enthusiasm provided informal education workshops for girls and boys on</p>			

separate days. During the girls afternoon we had 6 young people from the ABL area. We completed self-confidence activities with the girls. During the boys afternoon 4 young people from the ABL area attended. The afternoon provided an opportunity to interact with positive peers and build positive relationships with their mentors. On the Tuesday of half term Enthusiasm held a community event in Alvaston. This community event had 3 young male volunteers from the ABL area. They helped set up and close down, supervising activities and advertising the event. The same young people volunteer with us on a weekly basis. On the Thursday of half term Enthusiasm provided a trip to Butlins in Skegness. Out of the 12 young people that went on the trip 50% of them were from the ABL area. This was an opportunity that is not always readily available to the young people we mentor, some of which said that this was their first time they had been to the seaside.

Outreach has been continuous throughout the reporting period. This time is used to promote positive activities in the area that we provide, such as our St Martins Youth Club. Whilst outreach and activities have been running it has been noted that ASB has reduced in the area. This was highlighted by Derby Homes ASB Officer for the Boulton area to our staff at Enthusiasm.

St Martins Youth Club continues to run every Tuesday 7 – 9. The numbers are increasing each week. On average we have between 30 – 40 young people attend the youth club. In addition to this we deliver a regular youth club every Friday evening just outside the ABL area, we continue to encourage young people living in the ABL areas to use this provision. This continues to run every Friday evenings 7-9pm.

We are currently mentoring 14 young people in the ABL area, 2 of which are funded by ABL (see case studies already submitted). We work with the young people on an intensive 121 basis. We complete referrals for our young people and their families to local organisations, such as Nacro, to provide additional support when necessary, and we get our young people involved in positive activities. On our mentoring programme, over the last three months, one young person was supported back in to education who was previously being home schooled. His mentor rang his college, supported him through the interview and induction day. He is now studying Maths, English and Media Studies. Another young person has signed up to the apprenticeship website, with the support of his mentor, while attending college. We are also currently supporting three young people, two from the ABL area, to attend Derby Homes youth board and youth council meetings. This provides opportunities to build self-esteem, meet new positive peers and have a voice about their area.

In addition, we encourage our young people to volunteer for us at activities to provide experience and relevant opportunities whilst building their confidence. Currently we have 5 young volunteers from the ABL area. Two young people lead sessions with vulnerable adults every Wednesday – these activities include quiz afternoons, food tasting, games etc. This intergenerational work is highly valued by the adults and our volunteers. The other 3 volunteer at our youth club sessions or activities. One of the volunteers who leaves school this year has shown interest in Enthusiasms youth work apprenticeship.

Allenton

Big Local





Outcomes the project has contributed to

Tell us what difference you have made in relation to the SLA outcomes and more widely in the area.

- ***Young people fulfil their aspirations and dreams through being provided relevant opportunities.***

Young people who are currently volunteering for us now aspire to become youth workers. One young person volunteers each week and is respected by his peers. He was referred on to our mentoring programme due to ASB – he was being influenced by negative older peers and began vandalising property. Since building his relationship with his mentor and the Enthusiasm youth team he now has the positive influences from male role models. He now aspires to become a youth worker and complete an apprenticeship in Youth Work, and is a positive role model to his younger siblings at home, and is now supporting his mum at home.

- ***Young people have increased confidence and self-esteem and reducing social exclusion***

Our youth club at St Martins is getting increasingly busier each week. This means that young people are getting the opportunity to meet peers in their area that they may not have met before. One young person who has been attending since we opened in December would sit in the corner quietly and not speak to anyone. Due to the team building exercises we have created within the session he has now made new friends and will engage in positive activities, whilst having the confidence to discuss any issues or concerns with the Enthusiasm staff.

Timescales

Is project on track? If not what are you planning to do to address the issues?

Yes – A youth club has now been established at St Martins.

Through activities and mentoring ASB has decreased in the area.

Young people continue to engage well with their individual mentors.

Social exclusion is decreasing within our young people as they are getting involved in more positive activities.

Plans for next reporting period

What are you going to do next? Are there any activities we should know about?

To continue to mentor the young people in the ABL area and continue the youth club and outreach at St Martins. Dance workshops will be commencing on a weekly basis from April.