

The Enthusiasm Trust - Mentoring Programme

Case Study – (G M) Youth Worker – (Heather Rothern)

Background and context

GM is 15 years old and she lives with mum, dad, two sisters and brother. There have been several bereavements in the family over the last two years which has affected the family.

GM attends Merrill Academy. Her behaviour at school can be disruptive which is affecting her education. She is regularly in the quiet room or in detention and can be easily influenced into poor behaviour.

She was vulnerable to child sexual exploitation (CSE), particularly on social media.

GM does not cause ASB in the community, however, she is vulnerable to substance misuse.

What has Enthusiasm done?

Enthusiasm have worked in partnership with social care, school, GM's family and other agencies to fully support her.

Enthusiasm has had one to one interventions with GM at least once a week in school and outside of school. She has completed workshops around online safety, aspiration building, positive relationships, substance misuse, confidence and self-esteem building. We have also engaged her in positive activities which enabled her to meet new young people and build confidence.

Enthusiasm have also completed handling teenage behaviour courses with GM's mum. Enthusiasm supported Gabrielle's mum during professional meetings.

What has been the successes?

GM is no longer deemed as at risk to CSE and social care have now stepped out.

GM has changed her friendship groups at School, which has had a positive effect on her behaviour.

She is no longer arranging to meet males or speaks to strangers online.

Her relationship with mum has improved, and the family are much happier. They know how to handle GM's behaviour.

GM aspires to become a midwife.

Any drawbacks & how these have been addressed?

There was some health concerns with young family members which was affecting GM's emotional health. Enthusiasm and GM had regular chats to support her. They are now Okay.

Current situation and future plan

GM has been exited positively from the mentoring programme. She has enrolled in college and will be starting in September.