

<b>Project</b>		<b>Nacro Osmaston Family Project</b>	
<b>Lead delivery partner</b>		<b>Nacro</b>	
<b>Theme</b>	<b>Improving life skills</b>	<b>Priority</b>	<b>2</b>
<b>Activity</b>	<b>Families and children 0-10</b>	<b>Budget code</b>	
<b>Project outcomes (from SLA)</b>			
<b>Qualitative</b>			
<ol style="list-style-type: none"> <li>1. Children have the best start in life by being supported and enabled to develop their individual personality, talents and aspire to a successful life.</li> <li>2. Young people fulfil their aspirations and dreams through being provided relevant opportunities.</li> <li>3. Families are better equipped with skills to support their children through being empowered and supported.</li> </ol>			
<b>Quantitative</b>			
One-to-one support in the home to be offered to 70 parents. We will provide support and encouragement to increase self-esteem and confidence and to signpost to further learning and opportunities.			
<b>Reporting period dates</b>	<b>April- June 2016</b>	<b>Nr and age of people benefiting from the project during the reporting period</b>	<b>Parents 23 children 0-10 45 children 10 + 9</b>
<b>Introduction</b>			
<p>The service provides support to parents who ask for help in the defined ABL area (but who do not fit the criteria for support from statutory services).</p> <p>Parents are also identified and referred through links with local agencies including the Nacro Osmaston Family Project, other agencies working in the area, local schools, Health Teams and individuals who may self-refer.</p> <p>The aim is to support and enhance family relationships, to encourage family games and activities that have a long term benefit for the area such as picnics to the local park and family games to increase interaction and a sense of fun, as well as encouraging a healthier lifestyle.</p> <p>The service will support families both within the home and through telephone contact to</p>			

start to embed the behaviour management techniques outlined in the Handling Children's Behaviour Parenting Programme

#### Activities undertaken during reporting period

- One-to-one support directly with parents and children in their own homes
- Support to 3 parents to attend meeting with their child's school
- Attending Team around the family meetings
- Support to parent and child with making the transition to junior school
- Completion of 3 Early Help Assessments
- Completion of assessment for paediatrician
- 3 case conferences for child subject to safeguarding plan
- Support to a parent to claim disability living allowance for her child

#### Outcomes the project has contributed to

This quarter we have been able to increase the number of parents we have supported with the additional funding we have received. There has been a significant increase again from schools seeking support for parents who are struggling to manage their children's behavior and are waiting for pediatricians appointments for children with possible ADHD. Two families have been escalated to Child Protection and now have Social Care involvement.

Support has been offered on a one-to-one basis in the family home. Some of the work has been early mornings to support breakfast routines and some work has been early evening to support bedtime routines. One family had some intense support with the worker going in three times a week.

We have supported four families who do not meet the threshold for support from Social care but are families that have been in crisis.

We have supported one family whose first language is Latvian and have been working alongside the Health visitor and interpreter.

#### Comments from parents

The support has been great. It came at a time when I really needed it.

It has given me so many new ways to deal with the children's behavior.

It made me realise we do need to spend more time doing things as a family.

The advice was great. It really helped me to change the way I parent.

I just needed some guidance as to where I was going wrong with my kids behavior. I got just the right advice and support, so thank you so much.

I've changed the way I manage bad behavior and now our house is a lot happier and calmer. Thanks.

We all get on better now and spend more time having fun instead of all falling out.

**Timescales**

Project on track and outcomes met

**Plans for next reporting period**

To continue to offer one-to-one support to families. During the next year we have capacity to now take more families with the increased funding. We expect work to increase over the school summer holidays with more direct work taking place with children.