

Project		Nacro Osmaston Family Project	
Lead delivery partner		Nacro	
Theme	Improving life skills	Priority	2
Activity	Families and children 0-10	Budget code	
<p>Project outcomes (from SLA)</p> <p><u>Qualitative</u></p> <ol style="list-style-type: none"> 1. Children have the best start in life by being supported and enabled to develop their individual personality, talents and aspire to a successful life. 2. Young people fulfil their aspirations and dreams through being provided relevant opportunities. 3. Families are better equipped with skills to support their children through being empowered and supported. <p><u>Quantitative</u></p> <p>one - one support in the home to be offered to 70 parents we will provide support and encouragement to increase self-esteem and confidence and to signpost to further learning and opportunities</p>			
Reporting period dates	July – September 2016	Nr and age of people benefiting from the project during the reporting period	Parents 26 children 0-10 52 children 10 + 7
<p>Introduction</p> <p>The service provides support to parents who ask for help in the defined BLT area (but who do not fit the criteria for support from statutory services)</p> <p>Parents are also identified and referred through links with local agencies including the Nacro Osmaston Family Project other agencies working in the area, local schools, Health Teams and individuals who may self refer.</p> <p>The aim is to support and enhance family's relationships, to encourage family games and</p>			

activities that have a long term benefit for the area such as picnics to the local park and family games to increase interaction and a sense of fun, as well as encouraging a healthier lifestyle.

The service will support families both within the home and through telephone contact to start to embed the behaviour management techniques outlined in the Handling Children's Behaviour Parenting Programme

Activities undertaken during reporting period

- One to one support directly with parents and children in their own homes.
- Support to 2 parents to attend meeting with their child's school.
- Attending Team around the family meetings.
- Completion of 2 Early Help Assessments.
- Completion of 2 assessments for paediatrician.
- 1 case conference for child subject to safeguarding plan.
- Support to carer in court with guardianship of her grandchild.
- 3 referrals to Social Care for safeguarding issues.
- Support to 2 families whose children had been excluded and only doing part-time hours.
- One parent has now decided that she would like to go on to become a family support worker after the support she has had.
- Support completing application for school transport.
- Support to mum with DV who's partner just released from prison.

Outcomes the project has contributed to

This quarter has been very busy with additional support being offered to parents and children over the school holidays.

We have supported 2 families intensely who have been at risk of eviction for unpaid rent arrears, both families had no other agencies involved. One family remained in the family home the other unfortunately was evicted.

One mum who received support has said she would like to become a family support worker

herself we have signposted her to the job club.

Comments from parents

Support has been really good and enabled us as a family to move on.

Family time is much better now. We get on, most of the time!.

We enjoyed playing the games, it has made us share now and we have more fun.

The support was really good it made me really look at what I was doing as a parent and how me and my husband had different views of how to do things. We try to work together now.

My kid's behaviour was off the wall he was only attending 2 days a week its now increased to 4. Thank you.

Have changed the way I put in boundaries and rewards and its working !!

I really like the star and rewards charts that we made. I loved the Spiderman one best.

I did not always agree with my worker, but I did put changes into place, we now have good routines that seem to work most of the time, but I need to keep on top of it and keep looking at the handouts I was given.

I wanted my friend to get this fab support but she lives in Chaddesden it was real shame not everyone can have this fantastic service.

Timescales

Project on track and outcomes met

Plans for next reporting period

We will continue to offer one to one support to families. During the next year we are hoping to identify a few parents that would like to become peer mentors to other parents, or join the board. We have been trying to encourage more parents to access the work club and bursary scheme, which we will continue to do. We are encouraging parents to join the parents group on a Friday. Two more parents have said they would also like to help plan the Christmas event.