

Project		Nacro Osmaston Family Project	
Lead delivery partner		Nacro	
Theme	Improving life skills	Priority	2
Activity	Families and children 0-10	Budget code	
Project outcomes (from SLA)			
<u>Qualitative</u>			
<ol style="list-style-type: none"> 1. Children have the best start in life by being supported and enabled to develop their individual personality, talents and aspire to a successful life. 2. Young people fulfil their aspirations and dreams through being provided relevant opportunities. 3. Families are better equipped with skills to support their children through being empowered and supported. 			
<u>Quantitative</u>			
one - one support in the home to be offered to 70 parents we will provide support and encouragement to increase self-esteem and confidence and to signpost to further learning and opportunities			
Reporting period dates	October – December 2016	Nr and age of people benefiting from the project during the reporting period	Parents 19 children 0-10 42 children 10 + 5
Introduction			
The service provides support to parents who live within the defined BLT area.			
Parents are also identified and referred through links with local agencies including other agencies working in the area, local schools, Health Teams, Social Care and individuals who may self refer.			
The aim is to support and enhance family's relationships, to encourage families to spend			

time together taking part in activities that will have a long term benefit for the area.

The service will support families both within the home and through telephone contact to start to embed the behaviour management techniques outlined in the Handling Children's Behaviour Parenting Programme

Activities undertaken during reporting period

This has been a challenging quarter with more families referred for support who have complex needs

- One to one support directly with parents and children in their own homes
- Attending Team around the family meetings
- Completion of 2 Early Help Assessments
- Completion of 1 assessments for paediatrician
- 2 case conferences for children subject to safeguarding plan.
- Support completing application for housing
- Support to 3 parents to attend meeting with their child's school
- Attending professionals meetings

Outcomes the project has contributed to

Comments from parents

- They don't tell you what to do and how to do it, they talk and discuss with you not **AT** you.
- It has shown us new techniques in handling our son's behaviour and attitudes.
- It gave me the confidence to cope with my children and to understand how I need to talk to them.
- They built my trust and confidence and did not judge me as a bad parent.
- My worker discussed thing with me and explained things in a way I could understand.

- Gave me confidence to parent my sons better and someone who was there for me who did not judge, but was fair and constant with her advice.
- The help I got was just what I needed at the time, if I did not have this help I do not know what would have happened in to my family Thank you
- This is a great project that supports parents. I have friends who are desperate for the support but live out of the area, it is a shame that not more people could benefit but thank you anyway it was great for me.

Timescales

Project on track and outcomes met

Plans for next reporting period

To continue to offer one to one support to families. One of the parents has now joined the ABL board and during the next quarter we are hoping to identify more parents that would like to join the board.