

Project		Mentoring	
Lead Delivery Partner		The Enthusiasm Trust	
Theme	Mentoring (Youth)	Priority	2 Improving Life-skills
Activity	Activity 3a, Mentoring (Youth)	Budget code	
<p>Project outcomes (from SLA)</p> <p>Young people fulfil their aspirations and dreams through being provided relevant opportunities:</p> <ul style="list-style-type: none"> • A 40% reduction in the risk factors of the mentored young people which means a reduction in their risk of future re-offending. This is measured in terms of distance travelled from their initial assessment scores around issues such as offending, health, attitudes, living arrangements - with a view to these scores reducing over time through our various interventions. • A 70% improvement in confidence and self-esteem - as measured by assessments with each person at start, review dates and end of support. • At least 50% progress to employment, volunteering, education or training - measured by monitoring positive outcomes at the end of mentoring support and after 6 months. 			
Reporting period dates	March 2016-March 2017	Nr and age of people benefiting from the project during the reporting period	8 spaces at any one time – 14 young people mentored
<p>Introduction</p> <p><i>Tell us basic information about the project and its outcomes and aims for reporting period.</i></p> <p>Priority 2 – Improving Life Skills</p> <p>Aims:</p> <p>Enthusiasm will deliver mentoring support to young people from within the Allenton Big Local (ABL) area, who are deemed to be most at risk of offending and exclusion according to a range of indicators.</p> <p>They will be identified by the Enthusiasm team or referred to them by Police safer neighbourhood teams, Council Neighbourhood Teams or other partner agencies. The young person will have a dedicated worker to support them, challenge them and equip them to change their thinking and behaviour.</p>			

Each individual will be formally assessed with an action plan developed in partnership with relevant agencies. This action plan will lead to a multi-faceted package of diversionary activities designed to challenge underachievement, antisocial behaviour, offending, and related forms of abusive lifestyle and will address the risk factors highlighted during their assessment.

The Enthusiasm Trust will participate in joint working to tackle these risk factors and other issues such as substance misuse, aggression, poor behaviour, truancy and so on. Regular reviews will be built into the work with the individual to ensure that they are making progress and that we are reducing the risk factors associated with their offending or antisocial behaviour.

A minimum of eight young people will be supported over the period of this agreement. This will depend on the complexity of needs that the young person is facing. When a young person is deemed to have reduced their risk factors sufficiently and is making good progress, they will be 'exited' from the programme and another young person will take their place. Therefore it is highly likely that four young people will benefit during the period of this agreement. Enthusiasm has a clear assessment model that they use for all the young people they mentor to assess their needs. This falls into three categories, low medium, and high. Allenton Big Local will receive feedback via the management reporting system. Young people who will be mentored through ABL funding will receive:

- A minimum of one hour per week, one-to-one positive intervention with their assigned mentor.
- In addition to the above, young people will be actively encouraged to take part in other positive activities that Enthusiasm runs on a weekly basis such as football workshops, street performance workshops, various youth clubs etc.
- Working in partnership with Derby Homes, various volunteering opportunities will be made available to young people, under their new volunteering programme.
- All young people Enthusiasm works with are supported and encouraged to be a voice in their communities, through membership to Derby City Council Voices in Action and, if living in Derby Homes properties, they can also attend Junior Wardens. Their mentors will support them through this membership process.
- Assessments and action plans will be completed with their mentors and reviewed on a regular basis to help reduce individual risk factors.

Outcomes the project has contributed to

Tell us what difference you have made in relation to the SLA outcomes and more widely in the area.

The Allenton Big Local outcome for this activity is: Young people fulfil their aspirations and dreams through being provided relevant opportunities.

Our aim was to work with 8 young people from the ABL area at any one time through our mentoring programme. Figure 1 on page 3 outlines our actual figures along with a

breakdown of the types of engagement.

Figure 1: ABL Mentoring Programme Engagements

Name	Age	Total interventions	One to Ones	Parent Intervention	Meetings	Workshops/ YC/kick it/drop ins	Attempts
CB	16	54	34	10	10	0	6
TB	13	122	74	14	21	13	19
DA	14	13	12	1	0	0	4
LK	12	10	3	3	3	1	5
BB	15	105	44	21	25	15	13
CW	16	357	165	48	28	116	4
KP	13	193	90	37	28	38	6
CP	11	169	76	20	22	51	7
EB	14	126	79	28	14	5	12
HP	14	161	81	14	14	52	14
AP	12	209	100	14	5	90	4
RW	13	25	8	4	1	12	1
LB	16	53	38	0	0	15	1
PL	17	43	32	4	0	7	0

Through the ABL Mentoring Project we have mentored 14 young people during this reporting period, through a total of 1640 interventions. This is an increase of 75% above the original aim of 8 local young people. We were able to support these additional young people through the positive progression of the other young people engaged and supported.

7 young people were exited from the program during this reporting period. Of these 85% have had a reduction in their assessment scores; this indicates positive progression across the scope of all assessment criteria. Of those who exited the programme, 85% saw positive progression; of which the average reduction in risk factors was 39%. 1 young person who exited from the programme remained the same.

All young people on our mentoring program have received support into education, training or volunteering opportunities. 2 young people were supported into employment. 1 young person working in a restaurant the other in construction.

Alongside this we also mentored an additional 9 young people from the ABL area through other funding sources (not detailed in Fig 1) during this same period.

Case Study – Bob (name changed for anonymity)

Age 11

Background and Context

Bob is an 11 year old young male from the Allenton area who was referred onto the RRR mentoring programme for issues such as being socially vulnerable, having poor behaviour in school and family issues such as Mum being deaf and Dad living full time in London. Bob has also been reluctant to engage with other professionals and lacks the social skills to make friends.

What has Enthusiasm Done?

Enthusiasm has been working with Bob for 4 months and we have focused on two specific areas of improvement. These are; behaviour within an education setting and social skills / friendship groups. After spending time building a relationship with Bob, we created an action plan for school with a reward system that would enable Bob to try new things such as attend Youth Clubs, participate in football sessions and other positive activities. Bobs behaviour improved massively after implementing this action plan as it allowed us to highlight to Bob where he was getting into trouble at school. Due to Bob's improved behaviour he was rewarded with a session at Mega Zone with 3 other young people who attend the local Youth Club.

This was a good social opportunity for Bob to make new friends. Once Bob's confidence and trust in Enthusiasm increased, we invited him along to one of our Youth Clubs, Bob also showed an interest in the football sessions that we deliver. Due to the opportunities we provided at Enthusiasm Bob is now a regular attendee of the Friday night Youth Club and will phone up most days to let us know how he has been at school. Bob now has a friendship group at the Youth Club and has improved his social skills in order to make friends outside of the club too.

What have been the successes?

The main success has been Bob's engagement. With Bob attending regularly, it allows us to challenge and come up with solutions together to tackle any problems or issues Bob faces in the future.

Bob also has a more positive friendship group, which will help him to build upon his confidence, self-esteem and to have a better understanding of others. This will give him a more enriched future with new opportunities and experiences.

Bob now attends 3 new positive activities these are: Youth Clubs and football sessions on a Friday and Tuesday evening.

Bob behaviour with his education has improved massively, this has been helped by putting the reward system we have in to place. Bob enjoys the rewards each month and reacts really well to praise.

Any Drawbacks and how these have been addressed?

Initially Bob did not fully engage with Enthusiasm due to having trust issues. However, over time this has improved and now he engages well with Enthusiasm. We were able to do this by finding a common interest with Bob and his mentor. We often found computer games to be a key talking point to get the ball rolling. The positive relationship built with Bob has allowed Enthusiasm to challenge any issues that arise and he has learnt to react well when being challenged.

Current situation and future Plan

Enthusiasm will continue to mentor Bob and will complete 1 to 1 interventions each week with him. We will also see Bob at our Youth Clubs and football sessions. We will continue to reward Bob for positive behaviour within school and monitor his friendship group at Youth Clubs as sometimes Bob can be easily led.

We will continue to build a relationship with Bob and will give Bob the opportunity to attend different trips and activities in the summer holidays and look towards a positive exit after the summer.

Timescales

Is project on track? If not what are you planning to do to address the issues?

Yes the project is on track and has gone above and beyond all expected outcomes set out in the SLA. There is a high need for mentoring support within the ABL area and we always have a waiting list for young people to access our service.

Plans for next reporting period

What are you going to do next? Are there any activities we should know about?

We will continue to work with the young people on our mentoring programme until their individual assessment scores and action plans reduce to a level that they can be positively exited from the programme.

When young people reach the exit stage, we encourage and work with them to access employment, education, training or volunteering. We often see young people we support want to volunteer through some of the other services Enthusiasm offer, such as our youth provisions.

Young people are also encouraged to access other provisions to give them wider experiences outside of Enthusiasm. Due to our strong working relationships with Derby Homes and Derby City Council, we have seen some of the young people we support access Voices in Action (DCC Youth board) and Derby Homes Youth Board with the help and support from their mentors.