

Project		Nacro Osmaston Family Project	
Lead delivery partner		Nacro	
Theme	Improving life skills	Priority	2
Activity	Families and children 0-10	Budget code	
Project outcomes (from SLA)			
<u>Qualitative</u>			
<ol style="list-style-type: none"> 1. Children have the best start in life by being supported and enabled to develop their individual personality, talents and aspire to a successful life. 2. Young people fulfil their aspirations and dreams through being provided relevant opportunities. 3. Families are better equipped with skills to support their children through being empowered and supported. 			
<u>Quantitative</u>			
one - one support in the home to be offered to 70 parents we will provide support and encouragement to increase self-esteem and confidence and to signpost to further learning and opportunities			
Reporting period dates	April – June 2017	Nr and age of people benefiting from the project during the reporting period	Parents 18 children 0-10 45 children 10 + 6
Introduction			
The service provides support to parents who live within the defined BLT area.			
Parents are also identified and referred through links with local agencies including other agencies working in the area, local schools, Health Teams, Social Care and individuals who may self refer.			
The aim is to support and enhance family's relationships, to encourage families to spend			

time together taking part in activities that will have a long term benefit for the area.

The service will support families both within the home and through telephone contact to start to embed the behaviour management techniques outlined in the Handling Children's Behaviour Parenting Programme

Activities undertaken during reporting period

This quarter has seen a significant increase in families with complex needs and children who are subject to safeguarding plans. At the review meeting held for this service this was discussed and comments will be feedback to the board at the next board meeting.

Support takes place in the family home on a weekly basis with telephone contact or text messages of support offered in-between.

Referrals for support this quarter have come from school nurses, learning mentors, school safeguarding officers, under 11's MAT's, Enthusiasm, Children's centres and Social care. Referrals give details of the issues within the family as well as risk assessment completed by the referral agency

Each parent has an experienced family support worker who makes the initial visit with the referring agency to be introduced to the family. On the second visit a support plan is drawn up with the parents and set outcomes are agreed.

Using solution-focused approach, we support parents to help them move forward, address issues and work towards improving outcomes for their family. This helps to build parents' independence by working with them to identify their own issues, set realistic and achievable goals and develop their own skills and responses to resolving the issues they have identified and want to change.

Supporting parents to prioritise parenting pressures and giving strategies to improve parenting capacity and change the way they parent is crucial. It enables parents to look at a different way of parenting; this has only been effective as parents have felt well supported. We continue to utilise an assertive, persistent, supportive and respectful approach in working with families, creative approaches bring about positive change, using open and honest communication. Our approach continues to build on the strengths of the family, value family members, listen to, respect and understand the family's perspective.

Support to parents in this quarter have included:

- One to one support directly with parents and children in their own homes
- 7 case conferences for children subject to safeguarding plan.
- 2 referrals to social care for safeguarding issues
- Attending Team around the family meetings

- Completion of 2 Early Help Assessments
- Attending professionals meetings

Parents receive weekly visit usually for up to 3 months occasionally in complex cases support is offered for a longer period of time particularly if support is part of a safeguarding plan after a child protection conference.

For those parents who engage with the Handling Children's behaviour one-one parenting programme support is for 12 weeks

Outcomes the project has contributed to

Comments from Families

- My whole family has benefited from the support it has been great.
- The support has made me rethink and look at my own behaviour as a parent
- I was given some brilliant advice thanks
- I know I still have a long way to go but the support as been very good for me and the kids
- I now stop and think before I put consequences in place as before they were so so unrealistic
- Changed the way I manage time-out think I get the hang of it now
- Not as stressed as I use to be, things are a lot calmer at home.

Comments from agencies

- This was just the right support for this family I have seen a difference in mum when she comes to school. Learning mentor
- Thank you for being part of the team around the Family it has had a big impact on the way the children are parented. Social Worker
- This service is brilliant for families with young children in Allenton. Health Visitor
- With lots of cuts in services and support for parents that are really struggling with managing their s children behaviour this service is excellent. Well done. Safeguarding officer.
- I only wish more of my families lived in the area so they could receive this additional support thank you its been so beneficial to my family. EWO
- I have referred lots of families to this service and they say how good it has been

thank you. More referrals on the way. Learning Mentor

Timescales

Project on track and outcomes met

Plans for next reporting period

To continue to offer one to one support to families. To continue to routinely ask for feedback from the referring agency that can be included in the report. To look at how we can improve the reports we provide to reflect the complex needs of some families and the positive impact that the service funded by ABL provides.