

Project		Nacro Osmaston Family Project	
Lead delivery partner		Nacro	
Theme	Improving life skills	Priority	2
Activity	Families and children 0-10	Budget code	
<p><b>Project outcomes (from SLA)</b></p> <p><u>Qualitative</u></p> <ol style="list-style-type: none"> <li>1. Children have the best start in life by being supported and enabled to develop their individual personality, talents and aspire to a successful life.</li> <li>2. Young people fulfil their aspirations and dreams through being provided relevant opportunities.</li> <li>3. Families are better equipped with skills to support their children through being empowered and supported.</li> </ol> <p><u>Quantitative</u></p> <p>one - one support in the home to be offered to 70 parents we will provide support and encouragement to increase self-esteem and confidence and to signpost to further learning and opportunities</p>			
Reporting period dates	September - December 2017	Nr and age of people benefiting from the project during the reporting period	New Parents 11 Parents from previous quarter 8 children 0-10 31 children 10 + 5
<p><b>Introduction</b></p> <p>The service provides support to parents who live within the defined BLT area.</p> <p>Parents are also identified and referred through links with local agencies including other agencies working in the area, local schools, Health Teams, Social Care and individuals who</p>			

may self refer.

The aim is to support and enhance family's relationships, to encourage families to spend time together taking part in activities that will have a long term benefit for the area.

The service will support families both within the home and through telephone contact to start to embed the behaviour management techniques outlined in the Handling Children's Behaviour Parenting Programme

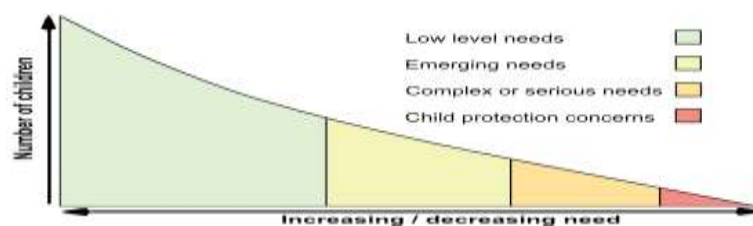
### Activities undertaken during reporting period

This quarter has been very busy particular on the run up to Christmas which families often find very stressful. There have also been a significant number of child protection case conferences and reports that have had to be written for professional meetings.

Support takes place in the family home on a weekly basis with telephone contact or text messages of support offered in-between.

Referrals for support this quarter have come from School, Housing, School Nurse safeguarding officers, under 11's MAT's, Children's centres and Social care. Referrals give details of the issues within the family as well as risk assessment completed by the referral agency.

We are currently supporting parents within all the levels of need although with the majority in levels 2 and 3



Each parent has an experienced family support worker who makes the initial visit with the referring agency to be introduced to the family. On the second visit a support plan is drawn up with the parents and set outcomes are agreed.

We often support parents that have separated usually the one main having the residence order and the other having contact. These situations are often very challenging for all involved. We have created a parenting plan that we can work through with parents so that

they are able to come to an agreement that works for the whole family ([you can read the parenting plan using this link](#)).

We use a solution-focused approach to support parents, it is a strengths-based approach, emphasizing the resources that people possess and how these can be applied to a positive change process. SFA focuses on strengths and 'life without the problem' rather than a detailed analysis of problem dimensions.

The setting of specific, concrete, and realistic goals is an important component of SFA. Goals are formulated and amplified through conversations about what parents want to be different in the future.

Support to parents in this quarter have included:

- One to one support directly with parents and children in their own homes
- 4 case conferences for children subject to safeguarding plan.
- 3 children in need reviews
- Attending Team around the family meetings
- Completion of an Early Help Assessments
- Attending professionals meetings
- Attending a Trafficking strategy meeting

Parents receive weekly visit usually for up to 3 months occasionally in complex cases support is offered for a longer period of time particularly if support is part of a safeguarding plan after a child protection conference.

### **Outcomes the project has contributed to**

#### Comments from Families

- The support I have had has been great and the advice was good and I have put into place lots of boundaries .
- It has been hard at times as you have to really look at yourself as a parent and have to change your ways.
- Not being made to feel like a bad parent or to be judged was really good as usually I seem to get a bad parent label from everyone else and no help. So thanks for the help.
- We talk about things a lot more and his Dad is also trying to be consistent alongside me.

- I have learnt so much the support has been brill
- Comments from agencies
- This really was team work with lots of agencies involved what a great outcome for the family. Social Worker.
- This is a great support service for families in the area I have made a number of referrals and will make more in the future School Safeguarding Officer.
- The family I referred have really benefited I can see the difference in they way the patents respond to the children Fab service. Social worker

**Timescales**

Project on track and outcomes met

**Plans for next reporting period**

To continue to offer one to one support to families. To continue to routinely ask for feedback from the referring agency that can be included in the report. To attach some examples of the sessions we deliver.