

Project		ABL Life Skills	
Lead delivery partner		The Enthusiasm Trust	
Theme	Improving Life Skills	Priority	2
Activity	3: Young People	Budget code	191
<p><b>Project outcomes (from SLA)</b></p> <p>The Allenton Big Local outcome for this activity is:</p> <p><b>Young people fulfil their aspirations and dreams through being provided regular opportunities</b></p> <p>Enthusiasm will also aim to increase confidence and self-esteem. This will be achieved by:</p> <ul style="list-style-type: none"> <li>• Delivering pop-up events at local parks such as Boulton Lane Park and youth clubs at St Martins Church</li> <li>• Taking young people on trips such as: Laser Quest, ten-pin bowling, cinema, Pizza Hit, pantomime and the ice rink in Derby</li> <li>• Through these activities provide youth worker support to the young people who participate</li> </ul> <p>Enthusiasm will aim to work with in excess of 500 young people over the 12-month funding period. We will know we have made a difference when young people, their families and those working with them tell us that:</p> <ul style="list-style-type: none"> <li>• Young people are more engaged and involved locally</li> <li>• There are better opportunities for young people</li> <li>• There has been a reduction in social exclusion</li> </ul>			
Reporting period dates	Qtr 2 2019-20 Oct – Dec 19	Nr and age of people benefiting from the project during the reporting period	No: 151 Age range 11-17
<p><b>Introduction</b></p> <p><i>Tell us basic information about the project and its outcomes and aims for reporting period.</i></p> <p>During the last quarter, The Enthusiasm Trust has continued to provide a fun and safe environment for young people to come together through our weekly youth hubs, themed workshops and volunteering opportunities, underpinned by regular weekly local outreach sessions. Our Life Skills programme is designed to help young people in the area to build positive relationships and improve teambuilding, confidence and motivation, whilst also making the young people less likely to engage in harmful and negative behaviours.</p>			

This reporting period has seen us support the young people back into the next academic year. During the time our aim was to deliver a range of fun activities around Halloween, Bonfire night and Christmas.

Activities delivered include:

- Targeted weekly outreach sessions
- Vibrant regular weekly youth hubs
- Theatre trip to see One Man Two Governors
- Theatre trip to see A Christmas Carol
- A trip to Winter Wonderland
- Ice Skating
- Weekly dance sessions – delivered in partnership with Trinity Warriors

We have continued to provide young people in Allenton with a targeted programme of activities that are designed to build their self-esteem and develop whole life skills including resilience and day-to-day coping strategies, communication and increased social skills, as well as improve their overall self-esteem, mental health and emotional well-being. Our youth programmes offer more than just something to do, they give positive guidance and help young people aspire to reach their potential.

The young people we work with often experience chaotic and difficult home circumstances, and having the opportunity to participate in positive, social activities away from the home environment is beneficial to their overall confidence, self-esteem and mental health, as well as helping to prevent social exclusion. Our Life Skills programme helps to reduce instances of anti-social behaviour and low-level criminal activity by encouraging young people to work together on positive activities in safe, friendly, accessible environments.

During the last reporting period, we engaged 151 young people.

### ABL Life Skills Project – Qtr 2 Oct - Dec 2019

#### **Outcomes the project has contributed to**

*Tell us what difference you have made in relation to the SLA outcomes and more widely in the area.*

#### **Priority 2 – Improving Life Skills**

*The Allenton Big Local outcome for this activity is:*

***Young people fulfil their aspirations and dreams through being provided relevant opportunities.***

***Enthusiasm will also aim to increase confidence and self-esteem.***

During the last quarter, we have provided an engaging, targeted programme of regular youth hubs, activities, and outreach work, implemented and facilitated by our experienced youth mentors, which has aimed to widen the young people's experience, develop their whole life skills and give them the confidence to make positive choices.

Our programme of activities and outreach work is designed to enable the young people to grow and progress, develop their social skills, and increase their confidence and self-esteem. We have provided a varied range of opportunities and experiences to help the young people to broaden their horizons, adopt positive behaviours and develop new skills whilst also deterring them from negative lifestyle choices.

Over the last quarter, we have continued to have regular multi-agency matrix meetings with local agencies including Derby Homes, Derby City Council, local police and social services, to ensure that we are engaging and targeting those young people who may not otherwise benefit from our programmes.

During this reporting period, we have been able to offer local young people the opportunity to participate in some activities.

### **Regular Weekly Youth Hubs**

We continue to run weekly youth hubs at St Martins Church for the local young people, these sessions are vibrant and offer a wide range of free open-access activities including sports, games, music and creative art. Numbers continue to be consistent with us having 354 engagements through these sessions during the last quarter.

### **Weekly Outreach Sessions**

We have provided targeted weekly outreach sessions around Merrill Academy as well as focusing on vulnerable locations including Boulton Lane and Osmaston parks, Allenton centre and local social housing estates. This outreach work has enabled our youth mentors to build trust and relationships with vulnerable local young people who may not otherwise be reached by and benefit from our programme or other relevant services.

### **Theatre Trips x2**

The young people were given the opportunity to attend two trips to the local theatre during this quarter to watch One Man and Two Governors and a Christmas Carol. Both performances were well liked by the young people who attended.

### **Winter Wonderland**

Following on from a successful trip to winter wonderland last year we arranged for the young people to attend again this year. This was a very successful trip which was enjoyed by all the young people. They had the opportunity to look round the Christmas market, sample street food and have hot chocolate with marshmallows followed by an ice skating session. Unfortunately on the day two of the young people were unable to attend due to



sickness. We had the opportunity to gift these spaces to two young people who were stood watching but was unable to cover the cost to participate.

### Christmas Party

We provided the young people with a Christmas party during the last youth hub session of the year; we had music, dancing, games and party food, which the young thoroughly enjoyed.



### Timescales

*Is project on track? If not what are you planning to do to address the issues?*

The project is on track to hit all outcomes. As we go into the next reporting period, we have started to deliver our new 7-week youth activity planner.

### Plans for next reporting period

*What are you going to do next? Are there any activities we should know about?*

Activities that we are planning to include in our programme of youth work for young people in Allenton over the next quarter include:

- Continued weekly youth hubs at St Martins with targeted 7-week youth activity plan
- Continued weekly outreach sessions
- Continued weekly dance sessions
- Move forward with Beta
- Volunteer Nights